

Denplan
We're delighted to offer dental payment plans from the UK's leading dental payment plan specialist- Denplan. A dental payment plan helps you to budget for your dental care and supports a preventive approach to oral healthcare.

Denplan provides an easy way to spread the cost of your routine dental check-ups and hygiene visits and can also help you pay for any necessary restorative treatment you may need such as crowns, bridges or fillings (cover or discount varies according to which plan you are on).

We offer a range of plans to suit most budgets, and we will access your individual requirements and put together an oral care plan just for you.



Denplan Care

Denplan care is our fully comprehensive plan, covering all your routine & restorative treatment needs, such as fillings, extractions, crowns, bridges and dentures (excluding lab fees).

Denplan Essentials

Denplan Essentials is our maintenance plan covering your core appointments of examinations, small x-rays and hygiene visits. You'll also benefit from discounts on certain further treatments as clinically required.

Denplan for Children

We also offer a budgeting plan for children, to keep your entire family healthy and look after your smiles for years to come.

Denplan's Worldwide Dental Emergency & Injury Cover

All Denplan payment plans give you the option to add Denplan's Worldwide Dental Emergency & Injury Cover, which includes access to Denplan's 24/7 emergency helpline, for just 60p a month.

Opening Times

Monday: 8:45am – 5:15pm
Tuesday: 8:45am – 5:15pm
Wednesday: 8:45am – 5:15pm
Thursday: 8:45am – 5:15pm
Friday: 8:45am – 4:45pm

Contact us

5 Pilgrims Close
Chandlers Ford
SO53 4ST

02380 240 230

info@stfrancisdental.co.uk

www.stfrancisdental.co.uk

Out of hours emergency

If you have an emergency when the practice is closed please call us on 02380 240 230 where you will be given a number to call our out of hours service.



ST FRANCIS
DENTAL PRACTICE

Practice Information Leaflet



Part of  Simplyhealth

Certified



Corporation

For more information, please ask a member of the practice team or visit www.Denplan.co.uk





Welcome to St Francis Dental Practice

We believe great dentistry means helping you enjoy a healthy smile that looks and feels great. Everything we do is designed for your comfort and we take pride in providing care that is perfectly suited to your needs.

Every aspect of our dental suite has been designed to help you feel comfortable and relaxed during your visit, because we understand that many people can feel nervous, especially if they haven't been for a while.

Any course of treatment begins with a detailed assessment of your specific requirements, followed by a full discussion of the possible treatment options. In this way we aim to provide truly personalized care and achieve results you will be delighted with.

We are a three-surgery private dental practice with a purpose-built dental suite in a popular area of Chandlers Ford, Hampshire. We share our premises with St Francis Medical Centre, an NHS GP practice serving the local area.

W have ample free parking directly outside the practice with further parking behind our building. Disabled patients have very easy access to our suite via a lift.

Your First Visit

Your first visit to St Francis is an ideal time to meet our friendly team, have a look around our facilities and ask any questions that you may have. Your dentist will provide an initial consultation in which they will:

- Discuss your needs and concerns
- Find out about your past dental experience
- Undertake a full examination of your teeth, gums and soft tissues
- Take dental x-rays if required
- Discuss your short and long term care options
- Discuss payment options, including Denplan dental payment plans

Meet the team

Alison Tarmey BDS (Glasgow) GDC No. 75836



As the principal dentist at St Francis, Alison takes pride in putting her patients at ease and creating happy smiles. She is dedicated to providing high quality, modern dentistry for all.

Alison graduated from the University of Glasgow in 1999 and has worked in private dental practice in Hampshire since 2001. She is always looking to further her skills and knowledge and has gained the Certificate in Restorative Dentistry from the prestigious Eastman Dental Institute in London and Certificates in Cosmetic and Aesthetic Restorative Dentistry and Advanced Occlusion with the highly respected Dr Chris Orr at Advanced Dental Seminars.

As a mother of two teenage children, Alison understands the importance of dental health for the whole family and enjoys helping children care for their teeth and feel at ease in the dental chair.

Outside of dentistry, Alison enjoys running, cycling and singing.

Idy Cheung

BDS (London) GDC No. 114632



Idy joined the practice in July 2023. She graduated from Kings College London in 2007 and has worked in Southampton since graduation. She has also worked as an Educational Supervisor to mentor newly qualified dentists. Idy enjoys all aspect of dentistry, especially helping patients overcome their fear of visiting the dentist.

"I like to get to know my patients. I believe that it is important to treat patients with respect and make them feel comfortable and relaxed as well as providing high quality care."

Outside of work Idy is married with one young daughter. She enjoys playing korfbal for the local team, as well as badminton and netball. She also loves travelling and sampling different cuisines.

Claire Mills BDS (London) GDC No. 264854



Claire is a caring and dedicated dentist who is committed to providing high-quality, patient-centred care. She graduated from King's College London in 2016 and has developed a broad range of clinical experience working in both NHS and private practice.

Following graduation, Claire completed her foundation training in a busy practice in Bristol, gaining valuable experience treating patients with complex dental needs and developing strong clinical and communication skills. She then worked in West London before moving to the South Coast, where she further enhanced her confidence, efficiency and expertise across all aspects of general dentistry.

Claire particularly enjoys treating children and helping nervous patients feel comfortable and at ease. She is passionate about creating a positive dental experience and building lasting relationships with her patients.

Outside of dentistry, Claire enjoys running and spending quality time with her family.

The St Francis Dental Practice Team

Mohammed Al- Gholmy – Consultant in Oral & Maxillofacial Surgery	GDC No. 83112
Sarah Hayward – Dental Hygienist	GDC No. 177145
Kirsty Underwood – Dental Hygienist	GDC No. 178954
Caroline Kochanowska – Dental Hygienist	GDC No. 150431
Tahrin Rahman – Dental Hygienist	GDC No. 278510
Emily Daish – Practice Manager	GDC No. 273237
Rachel Dacruz – Head Dental Nurse	GDC No. 219618
Zobia Baig – Dental Nurse	GDC No. 326333
Daisy Pimbblet – Dental Nurse	GDC No. 325114
Sophia Yeats – Dental Nurse	GDC No. 312022
Nia Wiffen – Trainee Dental Nurse	
Rosie Palmer – Trainee Dental Nurse	
Sarah Foy – Practice Administrator	

Questions or Complaints

We hope you will be delighted with every aspect of your care at St Francis. If you do have any questions or concerns about anything at St Francis, please let any member of our team know by phoning us on 02380 240 230, or emailing us at info@stfrancisdental.co.uk. We can then resolve the issue as quickly as possible.

We take all complaints very seriously and endeavor to make sure they are dealt with in a sensitive manner and resolved quickly and efficiently for you.

In investigating a complaints, we will:

- Thank you for bringing the issue to our attention
- Find out what happened and gather the facts
- Where appropriate, make it possible for you to discuss the problem with those concerned
- Provide you with a written apology or explanation
- Find a solution to ensure it doesn't happen again

If you are still not satisfied that your complaint has been resolved to your satisfaction, then you can contact:

- Denplan Patients – Tel: 0800 401 402 – Website: www.Denplan.co.uk/contactus
- The Dental Complaints Service – Tel: 020 8253 0800 – Website: www.dcs.gdc-uk.org

Privacy Policy and Data Protection

We take great care with our patients' personal data to ensure we comply with best professional practice regulations and GDPR (General Data Protection Regulations). A Copy of our Privacy Policy is available from Reception. We comply with the Data Protection Act so you can be assured that your data is kept securely.